



MEAL
COMBO
BOX
CO.

BALANCED MEALS & COMFORT FOOD

Healthy. Honest. Bold.

CHEF & DIETICIAN CRAFTED · FRESH DAILY · FARM TO FORK

PORTION CONTROLLED

CALORIE COUNTED

FARM TO FORK

INDULGENT OPTIONS

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96255 55105



All Day Breakfast

PANCAKES

■ Caramel Dream Stack 395

Buttermilk Pancakes with Caramel Fudge Layers

■ Granny Smith Apple Pancake 395

Buttermilk pancakes featuring tart Granny Smith apples and warm cinnamon

■ Nutella Pancakes 395

Butter Milk Pancakes Layered with Nutella

■ Mixed Berry Pancakes 395

Butter Milk Pancakes Layered with Mixed Berries

■ Buttermilk Pancakes 395

Butter Milk Pancakes (The OG)

■ Strawberry Pancakes 395

Butter Milk Pancakes Layered with Strawberry Compote made Fresh in-house

BREAKFAST PLATTERS

▲ Muscle Fuel – Sausages & Veggies Platter 575 ⇄

Roasted Nuremberg Sausages (Choose Between Chicken and Pork), Served with Pan Roasted Vegetables

▲ Energy-Packed – Sliced Ham & Veggies Platter 575 ⇄

Sliced Ham with roasted veggies. High protein, full energy. | Options of Chicken Ham or Pork Ham

▲ High Protein – Roasted Chicken & Veggies Platter 575 ⇄

Roasted Chicken Breast (Lean Meat), with a Side of Roasted Vegetables

■ High Protein – Roasted Paneer & Veggies Platter 495 ⇄ 🌶️

High-protein paneer roasted to perfection. Comes with spiced veggies. Clean fuel.

■ Egg Bhurji Pav 395

2 Pcs of our Brioche Soft Pavs, 4 x Eggs Bhurji Done Goan Style – Power Breakfast

GOURMET OMELETTES

▲ Ham & Cheese Gourmet Omelette 495

A fluffy three-egg omelette generously filled with smoky ham and melted cheddar.

■ Broccoli & Carrot Gourmet Omelette 445

Tender broccoli florets and sweet carrot ribbons folded into a creamy cheese-laced omelette.

■ Spinach & Sprouts Gourmet Omelette 445

Fresh baby spinach and crunchy sprouts folded into a light, protein-packed omelette.

▲ Tandoori Chicken Tikka Gourmet Omelette 445 🌶️

Juicy tandoori chicken tikka pieces wrapped in a spiced, golden-brown omelette.

■ Mushroom & Cheese Gourmet Omelette 425

Sautéed button mushrooms and gooey cheese nestled inside a perfectly cooked omelette.

▲ Pepperoni & Cheese Gourmet Omelette 495

Zesty pepperoni slices and melted cheese tucked into a warm, fluffy egg fold. | Choose Between Pork Pepperoni and Chicken Pepperoni

■ Veg ▲ Non-veg ■ Egg ⇄ Healthy 🌶️ Spicy

We offer different serving sizes and add-ons — check our online menu.
Government taxes at 5% extra.

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BAGELS & TOAST

 European Ham & Cheese Bagel 395

Toasted sesame-seed bagel layered with tender slices of premium German ham and a smooth spread of our house-made cream cheese. Savory, sophisticated, and ready any time of day.

 Cheese & Marmalade Bagel 315

Our signature bagel, slathered first with velvety house-made cream cheese, then crowned with a bright dollop of homemade bitter orange marmalade. Sweet-tart meets creamy in every bite.

 Peanut Butter & Marmalade Bagel 295

Thick-cut bagel toasted to order, spread with creamy peanut butter and finished with a spoonful of our bright, homemade bitter orange marmalade. A playful sweet-savory mash-up.

 Classic Cheese Bagel 295

A single, hand-rolled artisanal bagel (no lye) topped with lightly toasted sesame seeds, warmed and served with a generous smear of our tangy-smooth, house-made cream cheese. Pure, simple breakfast bliss.

 Oh So Good French Toast 295

French Vanilla, Cinnamon, Eggs, Sugar, Milk, Japanese Milk Bread – Not Your Average French Toast

 Veg  Non-veg  Egg  Healthy  Spicy

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Meal Combo Boxes

AMERICAN MEAL COMBO BOXES

Fish & Chips 875

Full Fillet of Fish, Crispy Batter, Paired with golden fries — crunchy, comforting, zero drama. Classic meal. Current mood.

EUROPEAN MEAL COMBO BOXES

Lean & Green Pesto Paneer Bowl 525

Grilled paneer in creamy pesto, with roasted veggies & mash. Green, clean, satisfying.

Paneer Steak in Mushroom Pepper Sauce 525

Grilled paneer steak in mushroom pepper sauce, with roasted veggies, mash & rice. Pure comfort, clean fuel.

Grilled Cottage Cheese in Lemon Pepper Sauce 525

Lemon-pepper grilled paneer with mash, veggies & rice. Clean eats, big flavor.

Lean & Green Pesto Chicken Bowl 555

Pesto grilled chicken, creamy mash, roasted veggies & rice. Clean gains.

Grilled Chicken in Mushroom Pepper Sauce 555

Grilled chicken in rich mushroom pepper sauce, with creamy mash & roasted veg. Comfort with a kick.

Grilled Chicken in Lemon Pepper Sauce 555

Grilled Chicken in zesty Lemon Pepper Sauce, paired with creamy mashed potatoes and grilled vegetables.

Grilled Fish in Lemon Pepper Sauce 675

Grilled fish fillet with roasted veggies, creamy mash & choice of white or brown rice.

INDIAN MEAL COMBO BOXES

Lean & Strong – Paneer Tikka Bowl 525

Spicy Grilled Paneer Tikka, Served with a Side of Wok Tossed Vegetables

Lean & Strong – Chicken Tikka Bowl 555

 Spicy Grilled Chicken Tikka, Served with a Side of Wok Tossed Vegetables

JAPANESE MEAL COMBO BOXES

Energy Boost – Togarashi Veg & Rice Bowl 525

Roasted Potatoes Tossed in Spicy Shichimi Togarashi seasoning, Served with Roasted Vegetables

Energy Boost – Togarashi Chicken & Rice Bowl 555

Roasted Chicken Breast, tossed in Spicy Shichimi Togarashi seasoning

Guilt-Free Teriyaki Cottage Cheese Rice Bowl 525

Cubes of Tender Cottage Cheese Roasted in Pan and Tossed in Home Made Teriyaki Sauce Served with a Side of Roasted Vegetables, on a Base of your Choice of Rice

Guilt-Free Teriyaki Chicken Rice Bowl 555

Grilled Chicken Breast, tossed in Home made Teriyaki Sauce, Served with Roasted Vegetables

 Veg  Non-veg  Egg  Healthy  Spicy

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THAI MEAL COMBO BOXES

-  **Thai Style Fried Rice (Veg) – Khao Pad 525**
Savor the flavors of Thailand with our Thai Red Curry Fried Rice. Accompanied by Sides of Your Choice

-  **Thai Style Fried Rice (Chicken) – Khao Pad 555**
Chicken Fried Rice with a Thai Curry Base (Khao Pad), Not Thai Curry Choose Your Salad and Choose Your Drink

-  **Thai Style Fried Rice (Prawns) – Khao Pad 635**
Prawns Fried Rice in a Thai Red Curry Base (Khao Pad)

 Veg  Non-veg  Egg  Healthy  Spicy

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Signature Sandwiches

VEG

■ Garden Melt – Grilled Vegetable Cheese Sandwich 625

Mix of grilled veggies and cheese, served in your choice of our home-baked breads. Complete your meal with your preferred sides.

■ Desi Vibes – Grilled Paneer Sandwich 625

Succulent grilled paneer, tucked into your choice of soft, home-baked breads. Make it a wholesome meal with your favorite sides.

■ Grilled Paneer Pesto Sandwich 625

Succulent grilled paneer and vibrant pesto, tucked into your choice of soft, home-baked breads. Make it a satisfying meal with your favorite sides.

EGG

■ Japanese Egg Salad Sandwich 595

Fresh home made shokupan, Free Range Eggs, Home Made Mayo – Japan on a Plate

■ Morning Melt – Egg & Cheese Sandwich 575

Fluffy organic eggs and rich cheese, tucked into your choice of soft, home-baked breads. Make it a satisfying meal with your favorite sides.

NON VEG

▲ Oink & Melt – Ham and Cheese Sandwich 625

Succulent ham slices (chicken or pork) and rich cheese, layered in your choice of soft, home-baked breads. Complete your meal with your favorite sides.

▲ Grilled Chicken in Pesto Sandwich 625

Succulent grilled chicken and vibrant pesto, tucked into your choice of soft, home-baked breads. Complete your meal with your favorite sides.

▲ The Tuna Melt 625

Tuna Salad, crisp lettuce, ripe tomatoes, and classic Niçoise-inspired flavours, encased in warm, homemade focaccia bread.

▲ Smoky Pepperoni & Cheese Sandwich 625

Rich cheese and your choice of pork or chicken pepperoni, tucked into soft, home-baked breads. Complete your meal with your favorite sides.

■ Veg ▲ Non-veg ■ Egg ⇄ Healthy 🔥 Spicy

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Focaccia Footlongs

■ Broccoli Footlong 249

Roasted broccoli, mozzarella, garlic, herbs layered over our airy focaccia for a wholesome bite. Freshly baked in-house.

▲ Butter Chicken Footlong 279

Shredded Smoky butter chicken, creamy makhani sauce, mozzarella, on focaccia. We bake our breads in house

■ Cheese-Chilli Footlong 169 🌶️

A cheesy footlong loaded with mozzarella, cheddar, spicy green chillies and a touch of chilli flakes for the perfect kick. Freshly baked in-house.

▲ Chicken Sausage Footlong 279

Juicy chicken sausages, mozzarella, and Italian herbs over our signature tomato sauce. Freshly baked in-house.

■ Creamy Mushroom Footlong 249

Sautéed mushrooms in a creamy garlic sauce with mozzarella and cracked black pepper on toasted focaccia. Freshly baked in-house.

■ Mar-ga-ritta Footlong 159

Freshly baked focaccia topped with our signature tomato sauce, mozzarella, juicy tomato sauce, basil and a drizzle of extra virgin olive oil. Freshly baked in-house.

■ Pesto Paneer Footlong 279

Soft paneer, house basil pesto, mozzarella, on our signature focaccia. Freshly baked in-house.

▲ Pork Pepperoni Footlong 299

Generously topped with pork pepperoni, mozzarella and our signature tomato sauce, finished with herbs and chilli flakes. Freshly baked in-house.

▲ Pork Sausage Footlong 299

Succulent pork sausages with mozzarella and Italian herbs on focaccia. Freshly baked in-house.

▲ Mutton Keema Footlong 299 🌶️

Spiced slow-cooked mutton keema, mozzarella, on our home baked focaccia. Freshly baked in-house.



Baked & Cheesy

VEG

■ Mac N Cheese 395

Experience the creamy fusion of tender macaroni with a rich blend of cheddar and mozzarella cheese sauce. Choose Your Salad and Drink to Make it a Meal Combo Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

NON VEG

▲ Mac N Cheese with Chicken 395

Experience the creamy fusion of tender macaroni with a rich blend of cheddar and mozzarella cheese sauce. Choose Your Salad and Drink to Make it a Meal Combo Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

■ Baked Vegetables 495

Creamy mashed potatoes layered with seasonal vegetables, baked under a golden cheddar & mozzarella crust.

▲ Baked Vegetables with Chicken 495

Creamy mashed potatoes layered with tender chicken breast, seasonal vegetables and onions, finished with cheddar & mozzarella and baked until golden and bubbling.

▲ Desi Keema Mac & Cheese 395 🌶️

Desi Spicy Mutton Keema, Layered with Macaroni, and Baked with Cheese Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

■ Veg ▲ Non-veg ■ Egg ⇄ Healthy 🌶️ Spicy

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Give Me Wings

▣ Barbeque Chicken Wings 535

Crunchy Chicken Wings | Barbe Queue Sauce | Sticky & Smoky

▣ Chili Cherry Chicken Wings 535 🌶️

Crunchy Wings | Honey and Spicy Chili Sauce | Sweet as your first Kiss

▣ White Velvet Chicken Wings 535

Crispy Wings | Garlic & Cheese Sauce | Soothes the Drums of your Soul

▣ Spicy as Sin Chicken Wings 535 🌶️

Crispy Wings | Spicy Sriracha Sauce | Blazing Glory

▣ Veg ▣ Non-veg ▣ Egg 🏠 Healthy 🌶️ Spicy

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Better Pasta (Durum Wheat)

VEG PASTA

■ Alfredo Pasta (Penne) 595

Type of Pasta: Penne Creamy White sauce envelopes this al-dente pasta Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

■ Arrabbiata Pasta (Penne) 595

Type of Pasta: Penne Best Italian Tomatoes converted into a sauce, paired beautifully with al-dente pasta Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

■ Basil Pesto Pasta (Spaghetti) 595

Type of Pasta: Spaghetti Fresh organic basil, pine nuts, cheese made into a beautiful pesto sauce, coats this al-dente spaghetti pasta, accompanied with a toasted garlic bread on the side. Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

NON VEG PASTA

▲ Alfredo Pasta with Chicken (Penne) 595

Type of Pasta: Penne Creamy White sauce envelopes this al-dente penne pasta Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

▲ Basil Pesto Pasta with Chicken (Spaghetti) 595

Type of Pasta: Spaghetti Fresh organic basil, pine nuts, cheese made into a beautiful pesto sauce, coats this al-dente spaghetti pasta Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

DESI PASTAS

▲ Spaghetti Bolognese Desi Style (Mutton Keema) 595 🌶️

Our take on the minced meat spaghetti, with some flavorful desi style mutton keema (spicy) for a twist Choose Your Side and Drink Please note, our pastas contain no mayonnaise and are served with an ideal sauce-to-pasta ratio

■ Veg ▲ Non-veg ■ Egg ⇄ Healthy 🌶️ Spicy

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Signature Wraps

VEG WRAPS

Protein Rich Grilled Paneer Wrap 349

Indulge in our Grilled Paneer Wrap, featuring succulent grilled paneer wrapped in your choice of tortilla. Served with dips of your preference for added flavor. Enjoy a satisfying meal that's perfect for any time of the day!

Lean Grilled Vegetable Pesto Wrap 349

Savor the goodness of our Grilled Vegetable Pesto Wrap, crafted with a delightful blend of grilled vegetables nestled in your choice of tortilla. Enjoyed with a selection of dips for an extra burst of flavor. Perfect for a fulfilling and flavorsome meal!

Lean & Strong Grilled Vegetable Wrap 349

Indulge in our Grilled Vegetable Wrap, featuring a medley of flavorful grilled vegetables wrapped in your choice of tortilla. Served with a variety of dips to complement your taste preferences. Enjoy a wholesome and satisfying meal option!

NON VEG WRAPS

Lean Grilled Chicken Wrap 349

Try our Grilled Chicken Wrap, a delightful combination of tender grilled chicken wrapped in your choice of tortilla. Each order is accompanied by your selection of dips for a personalized touch. Perfect for a quick and satisfying meal on the go!

High Protein Grilled Chicken Pesto Wrap 349

Indulge in our Grilled Chicken Pesto Wrap, featuring succulent grilled chicken wrapped in your choice of tortilla. Served with your favorite dips, it's a savory delight that's sure to satisfy your cravings!

 Veg  Non-veg  Egg  Healthy  Spicy

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Salads

VEG

■ Paneer Tikka Salad 525

Paneer Tikka, Seasonal Greens, Onions, Cucumber, Tomatoes
Enveloped in a Light Hung Curd + Mint Chutney Dressing

■ Leafy Watermelon Feta Salad 495

Watermelon, Feta, Fresh Greens, Lemon Dressing – Refreshing
for Summer or Winter

NON VEG

▲ Chicken Tikka & Watermelon Salad 495

Slices of Chicken Tikka, Served with Seasonal Salad Greens,
Mixed Nuts, Crumbled Feta Cheese and Watermelon Cubes in
our Tangy Dressing

▲ Teriyaki Chicken Salad 585

Savor our Tossed Vegetable with Teriyaki Chicken salad, a
tantalizing combination of crisp, colorful vegetables and
tender grilled chicken, drizzled with flavorful teriyaki sauce.

■ Veg ▲ Non-veg ■ Egg ⇌ Healthy 🔥 Spicy

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Drinks

SMOOTHIES

- Green Glow (Avocado Smoothie) 315
- Avo Crush (Avocado Smoothie with Strawberry) 315
- Glowberry (Blueberry Smoothie) 385

COLD PRESSED JUICES

- The Detox Drop (Green Juice) 365
- Glowcation (Tropical Green Juice) 365

JUICE MOCKTAILS

- Citrus Bloom (Hibiscus + Orange) 195

COFFEE & TEA

- Saigon Fuel (Vietnamese Cold Coffee) 295
- Choco Fuel (Nutella Cold Coffee) 245
- Sugar Rush (Caramel Fudge Cold Coffee) 295

CANNED DRINKS

- Coke Zero (330 ml) Can 47.62

- Berry Boost (Mixed Berry Smoothie) 385
- Golden Glow (Mango Tango Smoothie) 385
- Pink Fuel (Strawberry Smoothie) 385

- Minty Melon (Watermelon Juice with Mint) 365

- Tropical Bloom (Hibiscus + Pineapple) 195

- OG Flow (Classic Cold Coffee) 295
- Bright Fuel (Citrus Cold Brew Coffee) 195
- Daily Fuel (Cold Brew Coffee) 195
- Clean Bloom (Detox Hibiscus Tea) 195

- Thums Up (330 ml) Can 47.62

 Veg  Non-veg  Egg  Healthy  Spicy

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Small Plates & Sides

SIDES

- Paneer & Basil Sticks 455
- Old Fashioned Onion Rings (8 Pieces) 455
- Southern Fried Pickles (12 Pieces) 455
- ▲ Chicken Popcorn 455 🌶
- ▲ Crunchy Chicken Strips 455 🌶
- ▲ Chicken Nuggets (8 Pieces) 455

■ Veg ▲ Non-veg ■ Egg ⇆ Healthy 🌶 Spicy

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Desserts

■ The MCBC Brownie 295

A Rich, Goopy Double Chocolate Brownie Drenched in Homemade Caramel Sauce and Loaded with Crunchy Roasted Nuts. Dessert Doesn't Get Better Than This.

■ Classic Banoffee Mousse Jar 295

A luscious combination of ripe banana, buttery toffee, and light whipped cream, layered into a smooth mousse that's rich, comforting, and irresistibly satisfying.

■ The Elvis 375

Thick Japanese milk bread loaded with chunky peanut butter, Nutella, and your choice of banana or apple — it's giving rockstar breakfast energy. Sweet, salty, messy, and totally worth the spotlight.

■ Veg ■ Non-veg ■ Egg ■ Healthy ■ Spicy

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